



HANDWRITING AND SPELLING WORKSHOP

Wednesday 26th November
9am–9.30am

Speak to Mrs Richards for more details



WHAT IS INVOLVED

- A handwriting pack to support your child at home
- Pencil grip support
- Handwriting and spelling activities to try at home
- Spelling patterns and rules



What we will cover:

Common errors

Pen grip

Fine and gross motor skills

Letter formation

Spelling patterns

Spelling activities

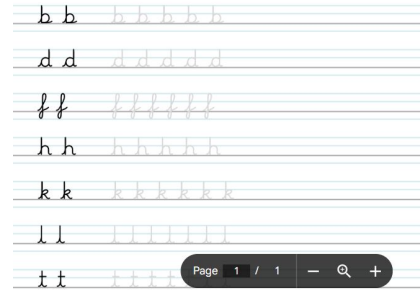
Common errors:

- Grip!
- Writing not sitting on line
- Ascenders and descenders at wrong height
- Letter formation
- Letters not joined correctly
- Letter spacing
- Poor fine and gross motor skills/muscle tone

Ascenders

Ascenders are the tall letters of the alphabet. The lowercase letters that have ascenders are b, d, f, h, k, l and t.

Trace and copy these letters that have ascenders:



Have you ever heard of Iron man? I'll tell you about Iron man. It all started on a stormy, cold, dark evening. Iron man was standing on a steep, high, dangerous cliff. Iron man had eyes that changed white, red and green. His ears moved left to right.

Gross Motor Skills Activities

Daily Fitness Challenge

Spell out each day of the week for a daily fitness workout!

A  jumping jacks 10	J  march on the spot 10 seconds	S  low sprint shuffle 10 seconds
B  plank 10 seconds	K  burpees 3	T  knee lifts 10
C  lunges 5	L  climb the rope 10 seconds	U  running and punching 10 seconds
D  squats 5	M  mummy kicks 5	V  squats 5
E  low sprint shuffle 10 seconds	N  plank 10 seconds	W  frog jumps 5
F  running and punching 10 seconds	O  mountain climbers 5	X  plank 10 seconds
G  sit-ups 10	P  push-ups 5	Y  lunges 5
H  frog jumps 10	Q  jumping jacks 10	Z  mummy kicks 10
I  throw and catch an object	R  ski jump 10 seconds	

Spell out your own name or use your imagination to come up with other ways to work on your fitness each day!





How many bubbles of the bubble wrap can you pop?



How many beads can you thread on to a string?



Thread some string or wool in and out of the holes punched in to your paper.



How quickly can you button and zip up your jacket or coats?



Can you separate all the pasta from the peas with your tweezers?



How many paperclips can you join together?



How neatly can you cut things out from your scissor activity booklet?



Scrunch and make as many newspaper balls as you can!



Stick wool or string to your stick figures to make clothes for them.



Draw some felt tip monsters and use a pipette to make them 'melt'.



Trace around your stencils as neatly as you can.



How many crabs, wheelbarrows and push-ups can you do in one minute?

Stages of Pencil Grip

Fisted grasp or Palmar Supinate Grasp



- Pencil is held in the palm.
- All fingers and thumb are used.
- Movement is from the shoulder; the arm and the hand move as a unit.
- Light scribbles are produced with this pencil grip.

Digital Pronate Grasp



- All fingers are holding the pencil but the wrist is turned so that the palm is facing down towards the page.
- Movement comes mostly from the elbow and the shoulder is now stabilized.
- Horizontal lines, vertical lines and circular lines are able to be copied.

Four-Finger Grasp



- Fingers are held on the pencil shaft opposite the thumb, beginning to form the arc between the thumb and index finger.
- Movement occurs from the wrist; the hand and fingers move as a whole unit.
- Zigzag lines, crossed lines and simple humans can be drawn with this grip.

Static Tripod Grasp or Static Quadropod Grasp



- A three-finger grasp, where the thumb, index finger and middle finger work as one unit.
- Movement is usually from the wrist with this static grasp.
- A static quadropod grip has a fourth finger involved.
- Triangles, circles and squares can be copied with this grip.

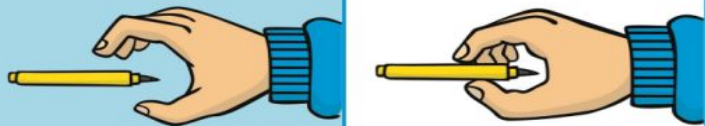
Dynamic Tripod Grasp



- Pencil is held in a stable position between the thumb, index and middle finger.
- The ring and little fingers are bent and rest comfortably on the table.
- The index finger and thumb form an open space.
- Movement comes from the fingertips.
- This is the ideal grip to move the pencil efficiently, accurately and for letter formation practice.

1

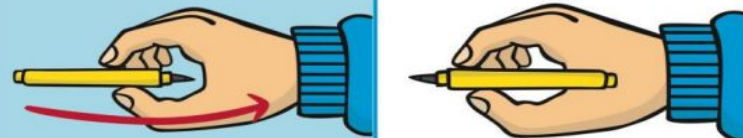
Nip



twinkl www.twinkl.co.uk

2

Flip



twinkl www.twinkl.co.uk

3

Grip



twinkl www.twinkl.co.uk

Letter-join

Search Letter-join...

Choose a word to watch

yell	huge	bap	vans	fox
eye	going	kept	stars	zoo
jaw	quay	apple	rest	oxen
jay	queen	back	ever	fuzzy

zy yell eye jam

Practice Joins >

Patterns
Easy letters
Easy words
Harder letters
Harder words
More letters >
Phonics >
Fun >
Resources >
Info



Handwriting pack:

Pencil control patterns

Different types of paper

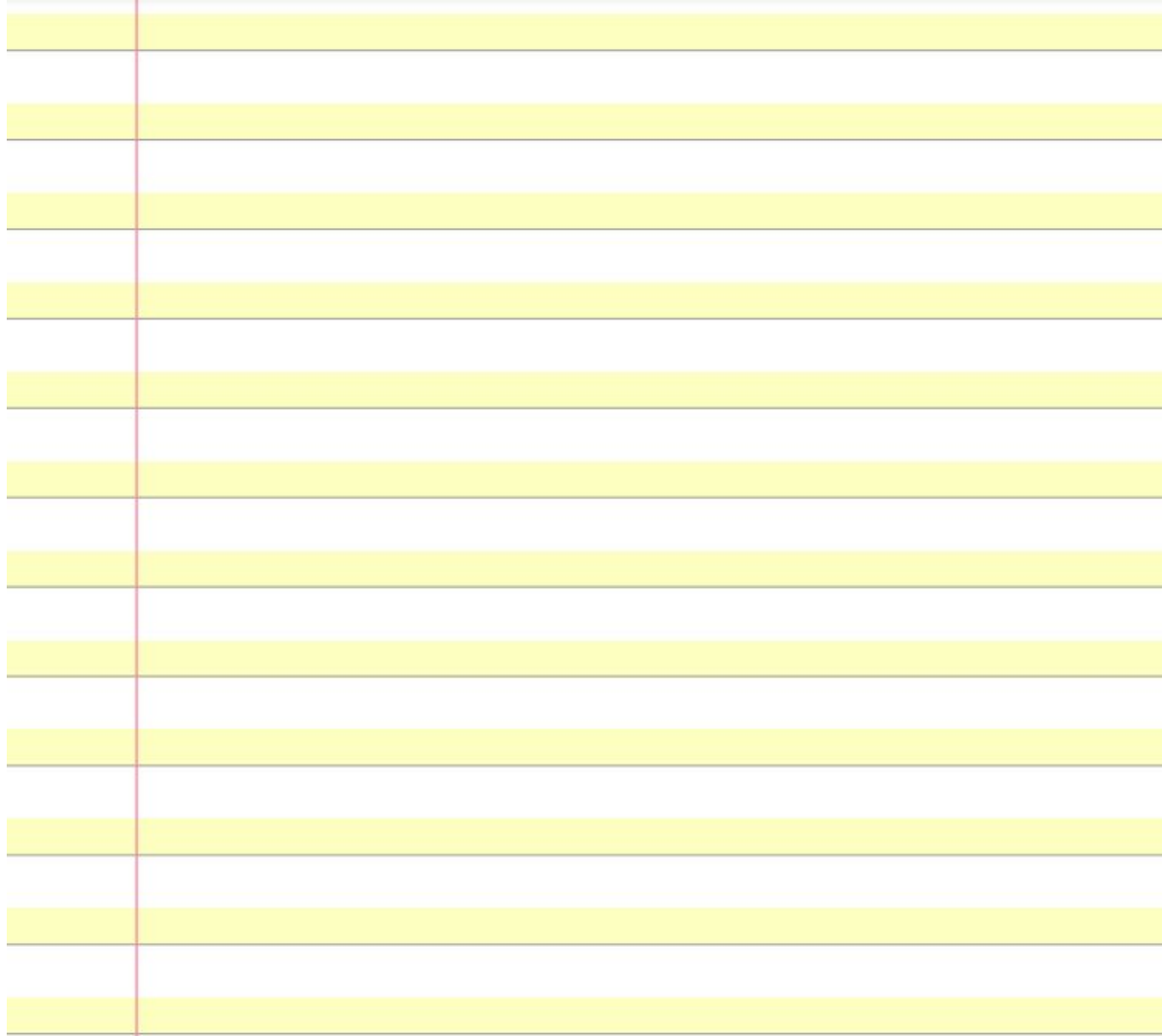
Handwriting warm ups

Letter practice

Horizontal join practice

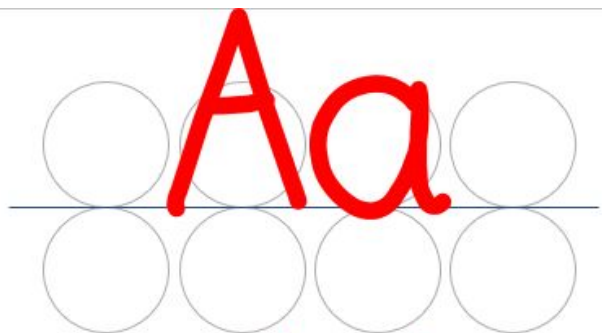
Diagonal join practice

Ascenders





Bubble Writing:



accident

actual

address

after

again

1) Pattern 6: Explanation

The **long 'a'** sound is often spelled '**ay**', '**ai**' or '**a_e**'.

birthday afraid skatee

In some words, it is spelled with '**ei**', '**eigh**' or '**ey**'.

vein eight grey

You can create **clues** to help you with the tricky part.

e i gave him eight they are grey

2) Pattern 6: Examples

Use a '**spelling voice**' and **clues** to practise these words.

weight

vein

prey

survey

eight

veil

disobey

reindeer

neighbour

THINK: Do you know what all these words mean?

3) Pattern 6: Practise

How should the missing **long 'a'** sound be spelled?

Starter

th__

__t (8)

v__n

pr__

w__t

Challenge 1

sl__

ob__

r__ndeer

surv__

__teen

Challenge 2

surv__or

fr__t

unv__l

conv__or

n__bourly

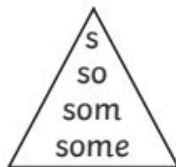
HINT: Use a '**spelling voice**' and **clues** to help you.

1 Upper and Lower

Write each of your words out two times. Write in uppercase the first time and lowercase the second time.

4 Pyramid Writing

Write each of your words inside a pyramid.



2 Curly Words

Write out your words in your neatest handwriting. Then, write them again in curly letters.

3 Rainbow Words

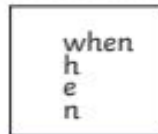
Write out your words with a pencil. Next, draw around each letter five more times using different coloured pencils.

2 Tell a Story

Use all of your words to tell a short story. Underline each spelling word with a ruler and pencil.

3 Across and Down

Write your words across and down, sharing the same first letter.



4 ABC Order

Write your words in alphabetical order.

1 Air Writing

Write each of your words in the air with your finger. Ask someone to read your words as you write.

2 Blue Vowels

Write out each of your words. Then, go over the vowels in each word using a blue pencil.

3 Spelling Flowers

Draw a big flower. Write one of your spelling words on each petal.

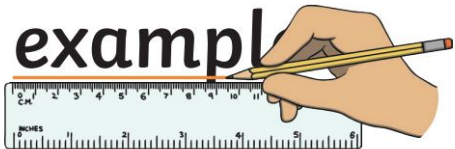
4 Backwards Words

Write each of your words out forwards. Then, write them all backwards.

Spelling Selection

Tell a Story

Use all of your spelling words in a short story that makes sense! Underline your words with a ruler.



Spelling Selection

Blue Vowels

Write out each of your words. Go over the vowels in each word using blue pencil.

Example of Challenge

Spelling Selection

F Spelling Flowers

Draw a big flower. Write each of your spelling words on one of the petals!



Spelling Selection

Backwards Words

Write your words out forwards then backwards.

backwards
sdrawkcab

Spelling Selection

Across and Down

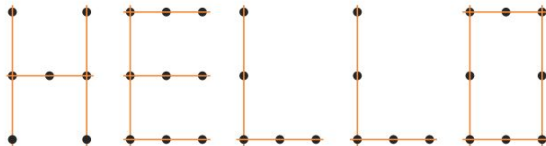
Write your words across and down, sharing the same first letter.

Example
x
a
m
p
l
e

Spelling Selection

Join the Dots

Write each of your words using dots. Then, join the dots with a coloured pencil to make your word.



Spelling Selection

Pyramid Writing

Write each of your words like a pyramid:



Spelling Selection

UPPER and Lower

Write each of your words out **two** times.

Write in **UPPERCASE** the first time and in **lowercase** the second time.

LITERACY / literacy

ABC Order

Write your words out in alphabetical order.



Spelling Selection

Rainbow Words

Write your words out in pencil. Next, draw around each letter 5 more times using a different coloured pencil.



Spelling Selection

Fancy Letters

Write each of your words using fancy writing. Your letters could be curly or dotty... or whatever you decide!



Spelling Selection

Air Writing

Write your words in the air with your finger. Ask someone to read your words as you write. Or, ask someone to air write the letters you tell them to spell your word.



Graffiti Spelling

Learning Intention: to spell new words in a creative way.

Success Criteria: to use a threefold method – 1st with pencil, 2nd with black pen, 3rd with highlighter.

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Learning Intention: to spell new words in a creative way.

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Year 3/year 4 statutory word list grouped by area

suffix -ly, -ally	-ible words	split digraph – long vowel sounds	Other words
accidentally actually occasion(ally) probably	possible	Two letters make one sound that are split (e.g. guide - 'i-e')	answer
	-ough letter strings		breath
	enough		breathe
'n' spelt as 'kn'	though/although		build
	thought		calendar
knowledge	through	arrive	complete
knowledgeable	(currently taught in Years 5/6)	decide	consider
-tion and -sion		describe	continue
	Words from other countries	extreme	early
words		guide	earth
mention		surprise	experiment
occasion		(review work from Year 1)	group
position		cross-curricular words	guard
possess(ion)	bicycle		forward(s)
question	(cycle - from the Greek for <i>wheel</i>)		fruit
	(bi-meaning 'two')		heard
'or' sound spelt 'ough'	'i' sound spelt as 'u'		heart
caught	busy/business	earth	history
naughty (regional pronunciation)		eight/eighth	important
	adding prefixes	fruit	increase
		heart	island
		history	learn
		increase	length
		minute	material
		natural	
		opposite	

Year 5/year 6 statutory word list grouped by area

Unstressed vowels	Other words	ie are adjacent	-ous words
accommodate	amateur	soldier	disastrous
bruise	average	sufficient	marvellous
category	awkward	variety	mischievous
cemetery	bargain	ancient	
definite	controversy	foreign (<i>exception to the pattern</i>)	Words originating from other countries
desperate	curiosity		
dictionary	develop		
embarrass	forty	Double consonants	conscience
environment	guarantee		conscious
exaggerate	harass	accommodate	desperate
marvellous	hindrance	accompany	yacht
nuisance	identity	according	
parliament	individual	aggressive	Cross-curricular words
privilege	interfere	apparent	
secretary	interrupt	appreciate	
vegetable	language	attached	forty
	leisure	committee	temperature

Select 4/5 words and choose 2 different activities to try.

accidentally
occasionally
probably
actually