# What's on the menu?

### HARRISON food with thought

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	soybeans or Sweetcorn & Mixed	Cottage Pie with Caramelised Onion & Thyme Gravy	Piri Piri Chicken with Sweetcorn Rice & Piri Piri Lemon & Herb Dressing	Beef Penne Pasta wheat served with Cheese milk	Battered Fish wheat, fish with Chips & Tomato Sauce
	Pepper Pizza wheat, egg, milk, soybeans with Rainbow Ribbon Salad Indian Style Vegetable Biriyani with Chickpea Dhal	Tomato & Basil Pasta wheat	Red Pepper & Sweet Potato Pattie with Sweetcorn Rice & Piri Piri Lemon & Herb Dressing	Caribbean Style Vegetable & Plantain Curry with Rice	Cornish Style Vegetable Pasty (Gram Flour Pastry) with a Winter Salad & Chips
	S Chickpea Dhal		Oaty Apple Crumble wheat with Custard milk		Pineapple & Lime Cake wheat, egg, milk with Custard milk
	Macaroni Cheese wheat, milk	Jacket Potato with Mild Beef Chilli wheat, Cheese milk & Salsa or Baked	Chicken Tikka Masala <mark>wheat, milk</mark> with Pilau Rice	Beef Bolognese with Fusilli Pasta wheat or Rice	Battered Fish wheat, fish with Chips & Tomato Sauce
	Sweet Potato Stir with Vegetable Rice	Beans & Cheese milk Mexican Style Salmon Burrito wheat, fish with Tomato & Coriander Salsa	Baked Onion Bhajis with Red Bean Dhal & Pilau Rice	BBQ Style Bean Wrap wheat	Carrot & Chickpea Falafel served with Pitta wheat, Tomato Relish & Chips
	WEEK		Salad Selection to include Kachumber Salad, Raita milk, Bombay Potato Salad, Apple & Mint Chutney		Apple & Berry Oat Bar wheat with Custard milk
			Carrot & Orange Cake wheat, egg with Custard milk		
の小川日日	Italian Style Tomato & Herb Pasta wheat served with Cheese milk	BBQ Style Chicken wheat with Oven Roast Potato Wedges & Fruity Coleslaw egg, milk, mustard	Mexican Style Soft Chilli Beef or Chilli Bean Soft Taco wheat with Toppings (Cheese milk, Salsa) with Mexican	Chicken Sausages with Mashed Potato	Battered Fish wheat, fish with Chips & Tomato Sauce
Conservation of the	Oriental Style Stir Fried Vegetables served with Rice	Roasted Red Pepper & Herb Jambalaya celery, mustard	Style Rice Jacket Potato with Baked Beans	Sweet Potato & Red Bean Sausages wheat with Mashed Potato	Sweet Potato, Spinach & Bean Empanada (Gram Flour Pastry) served with Chef's Salad & Chips
	WEE		Chocolate Sponge wheat, egg, milk with Chocolate Sauce milk		Pear & Chocolate Crumble wheat with Custard milk
Les to	Available daily Please ask the catering manager for food allergen information Platter ~ Yoghurt milk				
WEEK ONE WEEK TWO WEEK THREE					
	w/c 4 <sup>th</sup> Sept, 25 <sup>th</sup> Sept, 16 <sup>th</sup> Oct,	w/c 11 <sup>th</sup> Sept, 2 <sup>nd</sup> Oct, 30 <sup>th</sup> Oct, 20 <sup>th</sup> Nov, 11 <sup>th</sup> Dec, 15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb	w/c 18 <sup>th</sup> Sept, 9 <sup>th</sup> Oct, 6 <sup>th</sup> Nov, 27 <sup>th</sup> Nov, 18 <sup>th</sup> Dec, 22 <sup>nd</sup> Jan	allergen inform	ge 2 regarding nation provided menu.

## **Harrison Catering Services**

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### **Sunnyhill Primary School**

#### **About Your Catering Service**

We are delighted to be working in partnership with your school. Founded in 1994, we are an awardwinning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

#### What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry.

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

#### **Allergen Information**

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit: https://www.harrisoncatering.co.uk/food-allergies-food-intolerances.

#### **Talented Catering Team**

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well<sup>®</sup> training programme.

#### Universal Infant Free School Meals (UIFSM)

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

#### Mayor of London - Free School Meal Funding 2023/24

Under a new scheme introduced by The Mayor of London, Sadiq Khan, for the 2023/24 academic year, all primary school children in state-funded will also be entitled to free school meals – we will share further information about this scheme once the implementation detail is finalised.

#### Payment of School Lunches

Please contact the school office for the payment process for your child's school lunch.

#### We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

#### Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos and latest job opportunities, please visit <u>www.harrisoncatering.co.uk</u>

#### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with
  the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the
  counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.

Nutritionist, Dr Juliet Gray, advises us on our menus



Look out for monthly featured ingredients.